

MCM 2018/19 Events Calendar

	Event	Region	Event Date	Deliver	Reach	Male/Female	LSM
	Cape Town Cycle Tour	WC	10 March 2019	8 February 2019	40 000	28,000 / 12,000	7,8,9,10
	Spar Woman's Race Cape Town	WC	TBC 2019	TBC 2019	21 000	Female	7,8,9,10
	Old Mutual Two Oceans Marathon	WC	20 April 2019	20 March 2019	30 000	Generic	4,5,6,7,8,9,10
	Discovery East Coast Radio Big Walk Durban	KZN	20 May 2018	19 April 2018	35 000	11,000/20,000	5,6,7,8,9,10
	Comrades Marathon Durban	KZN	10 June 2018	9 May 2018	22 000	Generic	4,5,6,7,8,9,10
	Momentum Weekend Argus Rotary Knysna Cycle Tour	WC	1 July 2018	13 June 2018	7 500	Generic	7,8,9,10
	Spar Woman's Race Durban	KZN	24 June 2018	3 Apr - 25 May 2018	18 000	Female	7,8,9,10
	Spar Woman's Race Pretoria	GP	4 August 2018	By 1st June 2018	25 000	Female	7,8,9,10
	Spar Woman's Race Pietermaritzburg	KZN	19 August 2018	3 Apr - 25 May 2018	4 000	Female	7,8,9,10
	The Sanlam Cape Town Marathon	WC	23 September 2018	23 August 2018	24 000	Generic	5,6,7,8,9,10
	Spar Woman's Race JHB	GP	7 October 2018	By 7 Aug 2018	17 000	Female	7,8,9,10
	The Tsogo Sun Amashova Durban Classic (Cycling)	KZN	21 Oct 2018	20 Sep 2018	11 000	Generic	7,8,9,10
	Avon Justine iThemba Walkathon (Breast Cancer Walk)	JHB	21 October 2018	TBC	35 000	Female	5,6,7,8,9,10
	Old Mutual Soweto City Marathon	GP	4 November 2018	TBC	30 000	15 000 / 11 000	4,5,6,7,8